



THE WEEKLY MEMO

2022-2023, Issue #6 - October 10, 2022- Editors: Angie Salazar & Ashley Clayton

Mission Statement

Southern Oregon Head Start prepares all children and their families for success in school and throughout life.

Did You Know?

The name for the month of October came from octo, which is the Latin word for "eight". In the ancient Roman calendar, October used to be the 8th month of the year. When the Roman senate change the calendar back in 153 B.C.E., the new year started in January, and October became the 10 month.

Weekly Memo Submission

Please send your PDF's, jpegs, and text to

Angie Salazar-

asalazar@socfc.org

By Thursday @ 12 p.m.

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Meetings and Trainings

October 10 —Monday

- 8:00-5:00 NEO, Blue Building Conf. Rm.

October 11 —Tuesday

- 8:00-5:00 NEO, Blue Building Conf. Rm.
- 11:00-2:00 Internships/Apprenticeships, Library
- 2:00-4:00 Hold for HS Education Interviews, Library

October 12 —Wednesday

- 8:00-5:00 NEO, Blue Building Conf. Rm.
- 9:00-10:00 New SM Cohort, Virtual
- 10:00-11:00 New FA Cohort, Virtual
- 12:00-3:30 Listo Prep, Library
- 1:00-2:00 Onboarding Updates, TEAMS

October 13 —Thursday

- 8:30-9:30 Health Dept. Meeting, Library

October 14 —Friday

- 10:00-11:00 Recruitment Committee Meeting, Library
- 1:00-2:30 CPR Hands On Course, Blue Building Conf. Rm.

October 17 —Monday

- 9:00-12:00 Ed Coach/Sup Work Day, Blue Building Conf. Rm.

- 9:30-11:30 Ed Management Meeting, Ed Dept.

- 1:00-3:00 0-5 Site Managers Meeting, Blue Building Conf. Rm.

- 1:30-3:30 Policy Council Orientation, TEAMS

October 18 —Tuesday

- 9:00-11:00 Directors Meeting, Blue Building Conf. Rm.

- 1:30-3:00 Policy Council, TEAMS

October 19 —Wednesday

- 9:00-10:30 Department Directors, Blue Building Conf. Rm.

- 10:00-1:00 Hold for HS Education Interviews, Library

- 10:00-11:00 New FA Cohort, TEAMS

- 1:00-2:00 Onboarding Updates, TEAMS

October 20 —Thursday

- 8:30-9:30 Health Dept. Meeting, Library

- 5:45-7:45 Board of Directors, TEAMS

October 21 —Friday

- 8:00-10:00 Center Meeting: Center A

- 11:00-1:00 Center Meeting: Center

- 1:00-2:30 Jackson County Safety Committee Meeting, Blue Building Conf. Rm.

- 1:00-2:30 SOFC Safety Committee Meeting, Blue Building Conf. Rm.

Congratulations to our Employees of the Month of September!

Site Managers	Tiffany Heller
Alan Berlin	Linda Orlando
Cave Junction EHS	Elizabeth Doherty
Central Point HS	Natasha Dauphin
Eagle Point HS	Lisa Settle
Foothills HS	Kori Anderson
Grants Pass EH	Elia Quirarte
Grants Pass High School EHS	Laura Perez Diego
Illinois Valley HS	Cindal Lamb
Main Office	Marlinda Lucas Meek
Merlin HS	Danyelle Wise

SOUTHERN OREGON HEAD START PREPARES
CHILDREN AND THEIR FAMILIES FOR SUCCESS
IN SCHOOL AND THROUGHOUT LIFE.

Congratulations to our Employees of the Month of September!

Orchard Hill HS

Claudia Cabrera

Park View Child HS & Family
Center

Denise Pederson

Patrick HS

Christine Coletrain

Phoenix/Jalen Early Learning
Center

Lisa Eastman

Progress Early Learning Center

Vanessa Hopf

Redwood HS

Pramila Stevens

Riverside HS

Christina Head

Rogue River

Jiffany Welch

South Medford HS

Gazmin Chamul

West Medford

Amy Merriman

White City HS

Yolanda Sapiens

SOUTHERN OREGON HEAD START PREPARES
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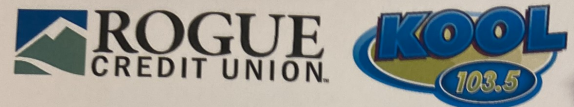
Congratulations Judy!!

Submitted by: Stephanie Schirra



Judy Kuehl was nominated by her TA, Tiffany Welch, and received the teacher of the week from Kool 103.5 FM.

Scuba Steve (the DJ) came out and presented her with it!



Rogue Credit Union KOOL Teacher of the Week Nomination

Nominator(s):
Tiffany Welch
5418923204
twelch@socfc.org

Nominee:
Judy Kuehl
Rogue River Head Start
541-582-1560

I've worked in the Head Start program for 4 years and have worked with many different teachers. Judy's way of teaching is so enormously FOR THE CHILDREN. She teaches to love. Love for our neighbors, love for our earth, and love for ourselves. She works with families to make sure they receive all of the services they need to succeed in bettering their situations whether it be finding a replacement refrigerator or making referrals and keeping up on a child's progress through programs for special needs. She's been teaching for over 40 YEARS! Parents love her and feel comfortable confiding in her about their children as she has an impeccable reputation in this town as being an amazing, hardworking teacher who loves to garden and read with her students. She genuinely cares about every single child and helps them emotionally as well as academically. We are a school family here in Rogue River and I'm nominating Judy Kuehl for being "Teacher of the Decade!"

Get to know the
different roles within
the departments!



Outreach

Amber Lease

Marketing & Event Coordinator



Since I have begun at Southern Oregon Head Start I have taken part in planning and organizing internal events for SOHS staff. Updated and added important information to our website while creating marketing materials for Family and Staff

Recruitment. Actively participating in Staff Recruitment events and implementing our strategic marketing plan. Taken part in creating a Stay, Save, and Exit Interview process for all staff. I am currently helping with grant writing projects that are ongoing.

Stacey Daniszewski

Community Outreach Specialist

My name is Stacey Daniszewski, and I am the Community Outreach Specialist within the ERSEA department. I support enrollment by interviewing families, processing eligibility, enrolling children, processing child change requests, etc. I



I provide community support to families that have not gotten into the program yet by sharing resources and making referrals to community partners/agencies. I conduct recruitment and outreach within the community to bring awareness to our program/strengthen relationships with community partners.

This year's flu shot is more important than ever

Posted on [September 29, 2022](#)



An unexpected upside of COVID-19 precautions such as masking indoors and avoiding crowds is that public health experts saw virtually no major flu outbreaks in the United States during the last two years.

That will likely change this year. With most mandatory COVID-19 measures lifted and many people returning to pre-pandemic

activities, public health experts predict a significant increase in flu cases this year. And because we've experienced virtually no flu for the last two years, our immune systems are not as prepared to fight the flu virus.

Flu and COVID-19

[Researchers are particularly worried](#) about Oregon's hospitals' ability to handle simultaneous increases in flu and COVID-19 cases that require hospitalization.

"National modelers are expecting a resurgence of flu this year, in addition to the COVID-19 virus that we are also expecting to pick up during the fall and winter," said Peter Graven, director of the Oregon Health & Science University's (OHSU) Office of Advanced Analytics.

According to Graven's latest [COVID-19 forecast](#), COVID-19 cases should continue dropping until November, when they are expected to climb again.

La vacuna contra la gripe este año es más importante que nunca

Publicado [Septiembre 29, 2022](#)



Una ventaja inesperada de las precauciones tomadas contra el COVID-19, como el uso del cubrebocas en interiores y evitar las multitudes, fue que los expertos en salud pública prácticamente no vieron brotes importantes de gripe en los Estados Unidos durante los últimos dos años.

Pero eso probablemente cambiará este año. Con la mayoría de las medidas obligatorias de COVID-19 levantadas y

muchas personas regresando a las actividades previas a la pandemia, los expertos en salud pública predicen un aumento importante en los casos de gripe este año. Y debido a que prácticamente no hemos tenido gripe en los últimos dos años, nuestro sistema inmunológico no está tan preparado para combatir el virus de la gripe.

Gripe y COVID-19

[Los investigadores están particularmente preocupados](#) por la capacidad de los hospitales de Oregón para manejar aumentos simultáneos de casos de gripe y COVID-19 que requieren hospitalización.

“Los modeladores nacionales esperan un resurgimiento de la gripe este año, además del virus COVID-19 que también esperamos contraer durante el otoño y el invierno”, dijo Peter Graven, director de la Oficina de Analítica Avanzada de la Universidad de Salud y Ciencias de Oregón (OHSU).

Según el último [pronóstico de COVID-19](#) de Graven, los casos de COVID-19 deberían continuar disminuyendo hasta noviembre, cuando se espera que aumenten nuevamente.

Painting up some fun!

Submitted by: Erynn Hoie

Teacher Carly in the EHS
PRG classroom engages in
painting with the children
painting her!

Talk about the value
Have Fun!



Painting up some fun!



Wonderful Conscious Discipline Display from the IYT team in GP!!

Submitted by: Amanda Ward



Rebecca Robinson, head teacher, at EHS-GP in the IYT classroom created a Conscious Discipline Memory wall outside of her classroom in the entry way.

When I asked Rebecca where she got the idea for it, she stated, "I am trying to implement more conscious discipline in my classroom. When I found the memory board idea, I thought it was uplifting for the parents to see when they drop-off/pick-up their children. It also allows parents to see what their children are doing during the day."